Pathways with Friends

Cell Communication Cards

Find someone with their hand in the air and grab their hand.

1. Put your hand in the air until someone grabs your hand.
2. Find someone with their hands on their head and lean them back.
1. Find the person with outstretched arms and stand back to back with them.
2. Put your hands on your head.
1. Stretch your arms out in front of you.
2. Grab the person with their foot in the air when leaned forward.
1. Put your foot up in the air.
2. When you get grabbed, touch the shoulder of the person with their eyes closed
1. Close your eyes and put your head down.
2. Run in place when touched on your shoulder.

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Cell Signaling Steps Diagram